

COMPLETION REPORT

A Comparative Study on Home Care Nursing between Japan and Malaysia ACADEMIC VISIT TO TOKYO, 30TH MARCH – 5TH APRIL 2013

Delegates of Malaysia consists of 3 doctors, 2 nurses from Universiti Sains Malaysia (USM) and 3 volunteers from St John Ambulans Malaysia (SJAM) Kelantan had spent a 6-day visit to Tokyo for an academic visit from 30th March to 5th April 2013.

On the first day of academic visit, we visited Department of Adult/Palliative Care Nursing, School of Health Sciences and Nursing, University of Tokyo. Malaysian delegates had presented home nursing system and the future plan of home nursing in state of Kelantan, Malaysia. While Japanese representatives presented on their current home nursing system and the layout of their insurance coverage program. Discussion during the meeting mostly based on both countries challenges and advancement in home nursing.

Malaysian delegates also had an opportunity to look at the nursing care in University Tokyo Hospital and Emergency department in the same hospital on the next day of our academic trip. On the third and fourth day of academic trip, we visited three home nursing centers, which is known as stations around Shinjuku-ku area named White Cross Care Station, Kisera Nursing Station and Maggie's Center. At the White Cross Care Station and Kisera Nursing Station we took the opportunity to accompany the home nursing staff for the home visit and firsthand look on their daily home nursing activities. Meanwhile, at the Maggie's Center, we observed the operation of this center. It is a place for socialization for those who bereave their family and who seek some company with those that have similar experience.

One of the important aspects that make home care nursing successful and sustainable in Japan is because of the starting of Long Term Insurance in year 2000. Since then number of stations escalated to 6000 stations to date. This is the big difference compare to Malaysia. With a strong financial resource, together with dedicated nurses, the home care nursing in Japan will be a good example for us. In addition to that, insurance companies also provide certain medical equipment for daily activity of the patients. The rest of the trip, we went to the selected place to learn and understanding the cultural of Japan. This was a unique experience for Malaysian visitor, which also served to bring the academia closer in understanding the people of Japan and their traditions.

As conclusion, this trip had achieved the objectives. We have learnt and shared a lot of knowledge and experiences regarding home care nursing between Japan and Malaysia. We have successfully developed a guideline for home nursing care (Panduan Perawatan Dirumah Untuk Pesakit Kronik) for Malaysian and distribute it to the SJAM Kelantan volunteers and public.

Publication of the Results of Research Project:

Verbal Presentation (Date, Venue, Name of Conference, Title of Presentation, Presenter, etc.)

Thesis (Name of Journal and its Date, Title and Author of Thesis, etc.)

Book (Publisher and Date of the Book, Title and Author of the Book, etc.)