

COMPLETION REPORT

The constraints faced by Indonesia nurses and caregivers who working in Japan Since EPA (Economic Partnership Agreement) Programme.

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Introduction

Send nurses are different with another informal workers. Nurses and caregivers are educated workforce, which in Japan must have a high standard of professional ability. For Indonesia, many thing to be gained from sending nurses and caregivers to Japan. Most will make the quality of nurses/caregivers Indonesia increase and more recognized in international. On the other hand when Indonesia nurses/caregivers working in Japan, they will be faced with constraints that exist on this occasion. This research will try the examine the difficulties anything experienced by the nurses/caregivers who working in Japan.

Methods

This research used descriptive methods by providing a number of question in the questionnaire which divided into three parts, the difficulties that arise in view of : (1) competency (2) working conditions and (3) social cultural.

Population and sample

The sample are Indonesia nurses/caregivers who were worked in Japan , that amount 20 people that is 10% from the total population.

Result

Result for the question of competence: 80% of respondents said that they were worked accordance with competence and only 15% who were not appropriate and 5% were not know. Furthermore 65% said the additional training (In Service Training) had given at workplace, and 20% answered had not given. From the answer had given training then most of training was carried out for 1-3 days (85%) and 15% said about 3-7 days. Further, 95% said that they had standard operating procedure in the workplace while who said had not were 5%. Interestingly that Indonesia nurses/caregivers felt that Japanese nurses/caregivers competence were higher (90%) and they found it quite difficult in the face of national nurse examination in Japan (kokka shiken) answered by 95% and only 5% said had not problem. Result of question about the conditions of employment: 65% received housing allowance beyond their salary. 100% said they included in teh health insurance and 90% said they paid for their own. Every day they worked an average of 6-8 hours (95%) and only 5% were working between 8-10 hours a days. 50% said that they had workshift in the night and 90% gets annual leave. Difficulties arising in this fields is limited to time for worship for their religion (75%) and 80% said difficulty for understanding the desire of leader of working place. On the other hand, 80% said there were had no problem in association with other friends. Regarding the social cultural : 65% have difficulty in adapted to Japanese foods, 75% felt homesick to family in Indonesia and 60% need for religion holiday every years. However, Japanese language was still quite difficult for nurses/caregivers from Indonesia mainly to communicated with patients (85%) and to write report or the others (90%). Difficulty to understand the patients wishes were also said by 65% of respondents. Interesting that Japanese patients really appreciate to nurses/caregivers from Indonesia (75%). The lastest difficulty were climate adaptation (60%) and difficulty to followed the habits of japanese working (70%).

Conclusion

From the above result, it can be concluded that the difficulties that arise for the issue of competence are (1) The

standard of competence in Japan higher than Indonesia (2) Difficulted to prepare and to pass the national nurse examination (kokka shiken). For the condition employment, difficulted are (1) Limited time for worship (2) difficulted to communicating and understanding the wishes of patients and leader. Furher, the difficulty in social cultural (1) Felt homesick to family in Indonesia (2) Japanese foods adaptation and (3) needed for religion holiday every years.

Publication of the Results of Research Project:

Verbal Presentation (Date, Venue, Name of Conference, Title of Presentation, Presenter, etc.)

Thesis (Name of Journal and its Date, Title and Author of Thesis, etc.)

Book (Publisher and Date of the Book, Title and Author of the Book, etc.)